

The Imitation of Christ

Sorrow of Heart

IF YOU wish to make progress in virtue, live in the fear of the Lord, do not look for too much freedom, discipline your senses, and shun inane silliness. Sorrow opens the door to many a blessing which dissoluteness usually destroys.

It is a wonder that any man who considers and meditates on his exiled state and the many dangers to his soul, can ever be perfectly happy in this life. Light hearted and heedless of our defects, we do not feel the real sorrows of our souls, but often indulge in empty laughter when we have good reason to weep. No liberty is true and no joy is genuine unless it is founded in the fear of the Lord and a good conscience.

Happy is the man who can throw off the weight of every care and recollect himself in holy contrition. Happy is the man who casts from him all that can stain or burden his conscience.

Fight like a man. Habit is overcome by habit. If you leave men alone, they will leave you alone to do what you have to do. Do not busy yourself about the affairs of others and do not become entangled in the business of your superiors. Keep an eye primarily on yourself and admonish yourself instead of your friends.

If you do not enjoy the favour of men, do not let it sadden you; but consider it a serious matter if you do not conduct yourself as well or as carefully as is becoming for a servant of God and a devout religious.

It is often better and safer for us to have few consolations in this life, especially comforts of the body. Yet if we do not have divine consolation or experience it rarely, it is our own fault because we seek no sorrow of heart and do not forsake vain outward satisfaction.

To be continued

Our Lady of Perpetual Succour & St Andrew's Catholic Church



4TH SUNDAY OF LENT (*LAETARE SUNDAY*)

March 11th – March 18th 2018

The Society of St. Pius X

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Liturgical Schedule

Sun. 11	4TH SUNDAY OF LENT (LAETARE SUNDAY) (I)
8:00 am	Low Mass
10:00am	Low Mass followed by Benediction
Mon. 12	Monday in 4th week of Lent (III) <i>Comm. of St Gregory I, Pope, Cf, D</i>
10:00 am	Low Mass
Tue. 13	Tuesday in 4th week of Lent (III)
7:15 am	Low Mass
Wed. 14	Wednesday in 4th week of Lent (III)
10:00am	Low Mass
Thur. 15	Thursday in 4th week of Lent (III)
6:00 pm	Low Mass followed by Novena & Benediction
Fri. 16	Friday in 4th week of Lent (III)
5:30 pm	Stations of the Cross
6:00 pm	Low Mass
Sat. 17	ST PATRICK, BP, CF (I)
8:00 am	Low Mass followed by Rosary & Benediction
Sun. 18	1ST SUNDAY OF PASSIONTIDE (PASSION SUNDAY) (I)
8:00 am	Low Mass
10:00am	Sung Mass

Confessions

<u>Sundays</u>	7:15-7:50 am 9:10-9:50 am	<u>Saturdays</u>	7:30-7:50 am
<u>Thursdays</u>	5:30-5:50 pm	<u>Other times</u>	Upon Request

Pilgrim Virgin Statue

March 11th: Morgan family | March 18th: Granada family

Parish Notices

MAY PROCESSION

Advance notice is given that the May Procession will take place this year on 20th May (Pentecost Sunday). Please keep this day free to be present at the public act of home to Our Lord in the Blessed Sacrament and to His Holy Mother.

MELBOURNE RETREATS

Fr Elias is making arrangements for three Retreats to be preached this year at the Don Bosco Retreat Centre, Lysterfield Road, Lysterfield. These will be as follows: Ladies Retreats: 8th – 12th April: Ignatian preached by Frs Elias and du Chazaud and 15th – 19th October: Non- Ignatian by Fr Black.

Mens' Retreat 9th -13th July: Ignatian preached by Frs Fox and Stephens

You are earnestly urged to take advantage of this rare opportunity to make a Retreat close to home in the Melbourne area.

Bookings may be made by contacting Stephen Nivet on 0401443563 or by email on elizabeth.nivet@yahoo.com

PRAYERS FOR THE SICK

In your charity, please keep in your prayers: Loretta Peyton, Luke Paksa, Gordon Sheeran, Aileen Donohue, Pauline Killeen, Francesco and Vince Lamattina, Barbara Wood, and Peter de Niese.

+ Prayers for the Faithful Departed+

Of your charity please pray for the souls of the Faithful departed, relatives, friends and benefactors of Our Lady's Church especially Frederick Werps and Jessica Brown whose anniversaries occur this week.

