

Our Lady of Fatima Church

Belgravia Avenue, Albury NSW 2640

(Phone: 02 6049 6563)



FEBRUARY 2018

CONTACT DETAILS

Fr. Todd Stephens

Holy Cross Seminary: P.O. Box 417, Goulburn NSW 2580 Phone: 02
4829 5177. Mobile: 04 1151 9577

Email: toddstephens@live.com.au

MASS SCHEDULE

Sat. Feb. 3 **Our Lady on Saturday (W) *1st Sat. St. Blaise.***

6:00 p.m. Holy Mass followed by Benediction

Sun. Feb.4 **Sexagesima Sunday (V)**

9:00 a.m. Holy Mass

Sat. Feb.10 **St. Scholastica (W)**

6:00 p.m. Holy Mass

Sun. Feb. 11 **Quinquagesima Sunday (V)**

9:00 a.m. Holy Mass

Sat. Feb.17 **Ferial (V)**

6:00 p.m. Holy Mass

Sun. Feb. 18 **First Sunday of Lent (V)**

9:00 a.m. Holy Mass followed by Benediction

Sat. Feb. 24 **St. Matthias (R) *Ember Saturday***

6:00 p.m. Holy Mass

Sun. Feb. 25 **Second Sunday of Lent (V)**

9:00 a.m. Holy Mass

ANNOUNCEMENTS

- Confessions are usually heard from 5:30 p.m. on Saturdays and from 8 a.m. on Sundays.
- Please pray for the repose of the soul of Joan Hosie whose anniversary occurs in February.
- Catechism classes will not take place during the Seminary summer holidays. Classes will resume in March.
- The Blessing of St. Blaise will be available on Saturday the 3rd of February.
- Each Friday during Lent, there will be Stations of the Cross at the church at 7 p.m. On Good Friday, it will precede the Afternoon Liturgy.
- Ash Wednesday is a day of fast and abstinence which obliges under pain of mortal sin. The rule for fasts days are as follows: one main meal and two smaller meals which together do not equal one full meal (snack size).
- The 21st, 24rd and 24th of February are Ember Days. These days are traditionally days of fast and abstinence. The observance of ember days no longer obliges under pain of mortal sin, although their observance is most spiritually beneficial.

CATECHISM

Reasons for Mortification during Lent.

Mortification is one of the methods which Christian asceticism employs in training the soul to virtuous and holy living. The term originated with St Paul who said, "If you live after the flesh you shall die, but if through the spirit you mortify the deeds of the flesh, you shall live." From this original use of the term, we see that mortification, though under one aspect is a law of death, under another and more fundamental aspect it is a law of life, and does not destroy, but elevates nature. What it slays is the disease of the soul, and by slaying this it restores and invigorates the soul's true life.

Of the diseases it sets itself to slay, sin, the one mortal disease of the soul, holds the first place. It overcomes committed sins by impelling the soul to true penitence and to the use of those means of forgiveness and restoration which Our Lord has confided to his Church. It overcomes temptations to sin by inducing the will to accept hardships, however great, rather than yield to sin. In this way, mortification is obligatory for all.